
Review on: Quality, Safety and Efficacy in Herbal Formulations

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Abstract

It is important to carry out standardization of herbal compositions for evaluation of a good quality medicine. Most of the factors that affect the quality of a herbal medicine are safety, effectiveness, and acceptability of the drug products and these reason as to the accumulation of herbal quality. Nowadays, the world of herbs and their preparations is growing rapidly, and many questions concerning such products standardization remain unanswered. But there is a serious limitation in terms of herbal medicine and its practice: most remedies do not have an effective improved blend measure. The major hurdles include absence of standards towards formulation regimes of products and processing, raw materials and finished products and as well quality assurance for the standards. As is evident here, the control of herbal medicine is essential to the application of modern technologies in substantiating the therapeutic value and safety of herbal products.

Keywords - Herbal drugs, Herbal formulations, Quality control, GMP, Chromatography.

INTRODUCTION

Such a huge variety of human diseases is commonly cured by the use of traditional medication. Due to Li's international acceptance for the treatment of chronic conditions without any kind of harm to the patients, all such plants have their immense value in our world. The repeat ability of biological efficacy as well as the therapeutic effect of herbal medications depends on various factors, which makes this process of their use pretty complicated. By supplementing further Phytochemical, in-vitro, and in-vivo requirements along with the concentration of their active constituents, standard herbal formulations will ensure the availability of high-quality drugs. The quality of herbal compositions should be determined considering whether the product may be used in combination with the existing medicinal system or not. One of the most serious problems in the herbal pharmaceutical industry is that there isn't a strict Q.C. profile for natural components and how they are created. It is expected that "medicinal drug and item" would include the scope of study starting from medicinal plants cultivation up to its utilizations within therapeutic fields. Plant-based products and herbal medicine products, which are of great share in the market, need international quality control criteria to be in place. World Health Organization has viewed that proper metric for performance and standards should be added next to what is available concerning ensuring quality control medicinal plant products. ^[1]

Module 1: A Broad Overview of the Quality Aspects of Herbs

Plant derived Medicines

These refer to plants or plant components that contain medicinal potential, but are typically unfinished or unprocessed. The several plant parts include the whole aerial part, Rhizomes, bark, leaves, fruits, seeds, and flowers.

Unprocessed Material

The raw material is generally defined as herbs eliminating vegetables and other plants used for macronutrient ingestion, with qualities used to flavor and decorate food, for medicinal purpose or for scents.

Botanical Preparations

Herbal formulations include liquid, solid, or semi-solid products with or without excipients, such as decoctions, pills,^[2] and ointments.

Quality of Herbal Medicine

Quality of drugs may be described by both characteristics of identity, purity, and material and other physicochemical or biological features and methods used in their preparation.

Natural caught vs. Cultured Sections

The standard of phytochemicals and flavours used in therapeutic medicines is correlated to the livelihoods of various price chains and qualities. It has been proved that a significant number of people, mainly from Asia, earn their money by collecting medicinal herbs in many rural areas as well as among indigenous tribes. The deficiency found in the wild assortment is due to the absence of gathered plants in the wild. The market will grow with their value. The only degree-holding integrated chain. Growing material can provide a better alternative for those models, but the biggest One of the major drawbacks is that the value of the finished product dramatically rises at the distributor level. Because of the intensity of the constant increase in soil and air pollution, especially in Asian countries, pesticides.^[3]

Harmonization

In order to reduce variance in finished botanic goods, harmonization of techniques must encompass all aspect of the subject, starting with the production of medicinal plants through used in clinical settings in-house management. The first place that standardization of the flavor of pharmaceuticals should start is with the acquisition of contents. Superior contents and the setting up of standards for the correct identification of what constitutes each product's contents and information on how each combination of contents functions. After all, biological tests would eventually establish its effectiveness; and a controlled clinical trial would be used to decide adverse effects which might intervene with the profile established in the literature or later short- and long-term Materia medica studies.^[4]

How to Judge an Herbal Drugs Quality

A quality management is a process that is required to be made so that manufactured goods may at all times represent their original validity or quality. Any herbal product, however it is made, should go through some form of quality control. Without efficient quality control, no one can be absolutely sure of what is in the container that corresponds with what is stated on the label outside. Due to the mass hatred of quality control, the reputation of a number of important medicinal plants has suffered. Improvement in cultivation techniques, harvesting schedule, storage, functionality, stability of active ingredients, and integrity of the product has surely been an outcome of the improvements in analytical procedures. Because of all these achievements, the quality of the

available herbal products has significantly increased. To deal with this persistent quality control problem in the US, producers and suppliers of herbal goods must be in line with acceptable manufacturing practices and rules regarding quality control. With laboratory analyses now improving the means of identification of plants, the consumer could at least rest assured that it is the correct plant being used. Today, few supplement producing firms employ intense quality control and manufacturing practices that involve physical, chemical/physical, biological, and microscopic testing. The lowest prices are those companies selling standardized drugs and/or extracts, at least for now. [5]

Constraints in Quality Determination in Herbal Drugs

One major challenge in the application of plant extracts to pharmaceutical research is the fact that in more than 40% of cases, results are not consistent. The major problem is that of reproducibility: repeated plant extraction and resampling often result in different activities of screens. The reasons for this are mainly variations in plant species, extraction and biological activity measurement techniques, as well as physicochemical studies of the flora collected from different places and times. Excepting plants, medicines may also be more potent and active through additive or synergistic interactions between its parts. A procedure should be developed to monitor variations in the amounts of bioactive chemical matter in plants. Knowing the climate, the micro environments, and the different agro climatic or stress sites.

Factors Affecting Quality of Herbals

During the production and processing stages, there are several factors that may influence the effectiveness of alternative medicine. Some of the primary elements that could influence the quality within herbal drugs.

Selection of Herbs and Authentication

Proper identification and authentication of a plant species for herbal drugs is essential. Misidentification or use of adulterants may cause clinical different effects.

Agricultural Techniques

Its effectiveness depends on the environmental conditions of plant cultivation, including soil quality and climatic factors as well as agricultural methodologies. Differing between these factors might affect the concentration of active compounds in plants.

Harvesting Time

It has been established that the amount of active components in a plant might differ at different times of harvesting. Various parts of a plant may have different levels of bioactive compounds, and if harvested at the wrong time, might lead to less than optimal therapy effects.

Post-Harvest Management

Proper drying, storage, and processing of herbal materials are absolutely necessary to prevent any possibility of contamination, mold formation, and degradation of medicinal components. Medicinal drugs using herbal ingredients can receive damage to the general quality of these herbs from incorrect post-harvest handling.

Extraction and Manufacturing Processes

Concentration and Bioavailability of active chemicals can be different according to the extraction and production techniques. Temperature, pressure, and solvents control during the extraction process is very essential in order to maintain the therapeutic characteristics.

Adulteration and Contamination

The adulteration of other parts of a plant; pollutants like microbiological toxins, pesticides, and heavy metals may reduce the efficacy and safety of herbal medicines.

Standardization and Quality Assurance

To ensure uniformity within the therapeutic benefits of herbs, standards regarding the amount of active components must be met. This product quality is upheld through routine quality control procedures such as potency and purity testing.

Storage Condition

Controlling moisture and heat is very important, since the stability of herbal drugs stored is affected by these. Favourable circumstance can break down active substances.

Regulatory Compliance

Every herbal medicine must adhere to certain requirements and guidelines in terms of safety and quality standards. GAP, Good GMP, and other requirements should be followed strictly.

Traditional Knowledge and Cultural Practices

Assurance of the techniques used falling in line with the requirements of historical efficacy and safety could be intensified in the quality produced of natural pharmaceuticals through the respect and incorporation of traditional knowledge and cultural practices.^[6]

The Need of Quality Assessment of Herbal Medicines and Their Preparations

There is a global drift toward the use of herbal therapy due to the hazards and adverse effects of contemporary medicine develop into more evident. Ensuring that those patients get pharmaceuticals that are assuredly to be pure, safe, strong, and efficacious is the primary accountability of the regulating bodies. For these ends, statutory imposition of good manufacturing practices regulates the numerous quality criteria assigned to unprocessed components and finished goods in formularies, pharmacopoeias, and industrial activities which the regulating bodies adhere close. Regardless within the modern or traditional medical setup in which such procedures are to be taken, these need to be followed, even when herbal products are becoming increasingly popular all over the world, lacking regulation prevents their common usage. The quality and safety, as well as efficacy of herbal medicine, depend on the quality of the drug and all parts that form the final product. However, since the constituents of herbal drugs are multiple and intrinsically unpredictable, one cannot readily outline quality control measures. Although one would expect that advanced analytical methods would be able to prevent this problem. Moreover, the participants accountable for supposed beneficial results are often not sure or understood just partially. These are compounded through the application of mixtures of botanical remedies as within orthodox therapy. One product can contain up to five different botanical constituents. Batch to batch variance is therefore established at the procurement of raw material stage, a leading unique benchmark. These variances multiply as they are warehoused and then processed. Consequently, standardization should embrace all dimensions of research for herbal products and remedies all the way from herb cultivation to clinical use.^[7]

Module 2: Quality Evaluation of Herbal Formulations

Raw Material Quality Evaluation

Morphological evaluation of herbs

Microscopical evaluation of herbs

Physical evaluation of herbs

Chemical evaluation of herbs

Biological evaluation of herbs

The different criteria used in herbal formulations for identification, assessment, and standardization.

Sr. NO.	Methods	Evaluation
1.	Authentication	<ul style="list-style-type: none"> • Components of herbs • The present condition of the regions • Family • An organism-based supply • Constitution
2.	Morphological or sensory Evaluation	<ul style="list-style-type: none"> • Colour • Odour • Size • Shape • Special features
3.	Microscopical evaluation	<ul style="list-style-type: none"> • Stomatal number • Vein islet number • Palisade ratio • Stomatal index • Terminal No. of vein lets • Quantitative microscopy
4.	Physical evaluation	<ul style="list-style-type: none"> • Solubility • Volatile oil content • Refractive index • Ash value • Melting point • Optical rotation • Extractive value • Moisture content • Foreign affairs
5.	Chemical evaluation	<ul style="list-style-type: none"> • Tests • Test Assay • Analysis of plants
6.	Biological evaluation	<ul style="list-style-type: none"> • Pesticide's contamination • Pharmacological activity of drugs • Microbial contamination

Table 1: Parameters for identification, evaluation and Standardization in herbal formulations

Morphological Evaluation

Organoleptic evaluation and sensory evaluation are other names for morphological evaluation. Organoleptic assessment is the process of evaluating pharmaceuticals using the sense organs. This includes analytic tools for color, taste, smell, size, form, and unique attributes like texture, touch, etc. Because of how distinctively it appears at first, the plant or extract can be easily identified. If this isn't enough, the plant or extract may have a unique flavour or fragrance. Organoleptic examination is the simplest and most gentle kind of analysis.

For example

Important features of quillaia, cascara, and quassia wood are their fragmented surfaces. The sweet taste of liquorice and the fragrant scent of two types of umbelliferous fruits instances regarding this kind of assessment, where the existence of volatile oils affects the plants aroma.

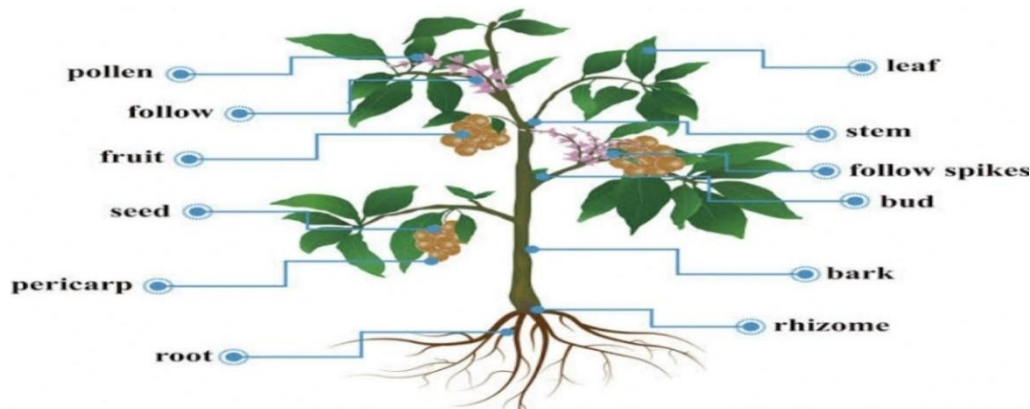


Figure 1: Morphological Evaluation

Microscopical evaluation

Based on known histology results, this approach may be utilized to identify joint chemistries; nevertheless, it requires careful product analysis. Its application is restricted to microscopic examination of raw and weak materials. A few essential elements in the identification of crude medications are the existence of trachoma, perforations, binding agent granules, parts of calcium oxalate, aleurone granules. After being treated with phenolphthalein and hydrogen chloride, the entire tree tissue took on a striking red color; hemicellulose and starch may be characterized by their blue color in a solution of iodine. Cell organization can be investigated in sputum that has been dyed red by using ruthenium red. microscopic examination seeking into the properties of the powder, application of chemical methods.

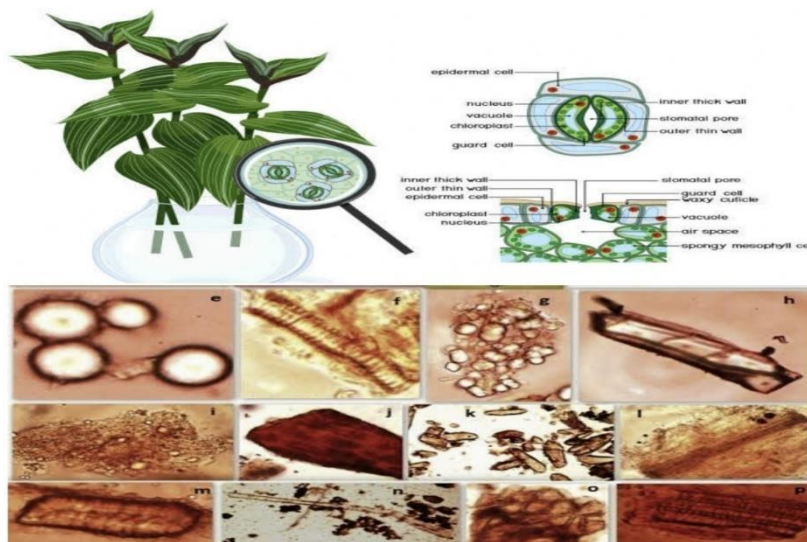


Figure 2: Microscopical Evaluation

Physical evaluation

Physical constants are frequently considered account when assessing bound drugs. Wet contents, density, optical rotation, refraction, temperature, viscosity, and solvent solubility are a few among these. These material attributes are all beneficial in recognizing and identifying the compounds found in plants. Most medications have specific chemical components that give rise to their pharmacologic or biologic effects. Qualitative chemical analyses are not intended for the purpose of identifying bound medicines or confirming their clarity. The cleansing, identification, and isolation of proactive components are carried out utilizing chemicals analytical methods. Analytical check of resins: specific quantity, sulphated ash Check for balsam analysis: exact quantity, reaction value, and optimal value for volatile oils and organic component analyses. For the purpose of identifying chemical components and detecting adulteration, qualitative chemical analyses are helpful.

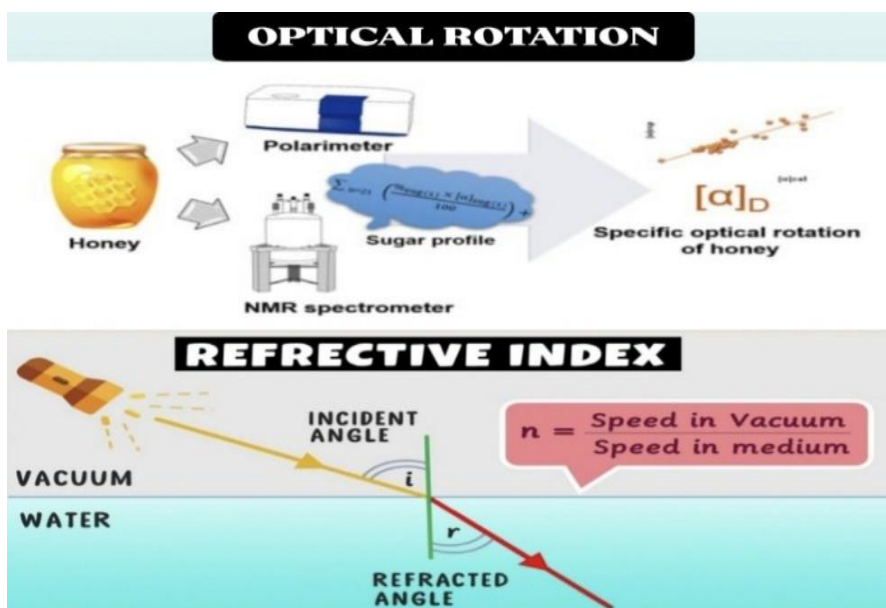


Figure 3: Physical Evaluation

Chemical evaluation:

Most medications have specific chemical components that induce their biological or pharmacological activity. To identify specific pharmaceuticals or confirm their purity, qualitative chemical tests are carried out. Chemical assessment methods are used for the separation, purification, and identification of active ingredients. Assessing resins with sulphated ash and acid value Balsams are evaluated by utilizing their bester, saponification, and acid values. To find adulterants and identify chemical ingredients, qualitative chemical testing might be used.

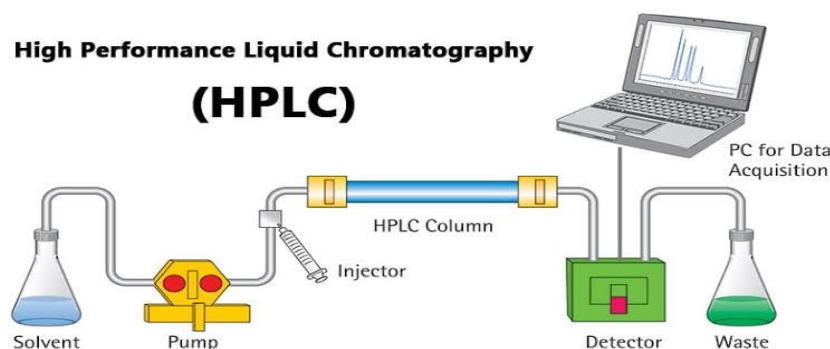


Figure 4: Chemical Evaluation

Biological evaluation:

Certain drugs are evaluated based on specific pharmacological and biological activities. In actuality, this activity is being caused by a specific kind of chemical present in the plant extract. Living animals' entire bodies as well as individual organs were used in the studies for assessment. During the preparation process, the drug's potency can be evaluated using bioassays. [8]

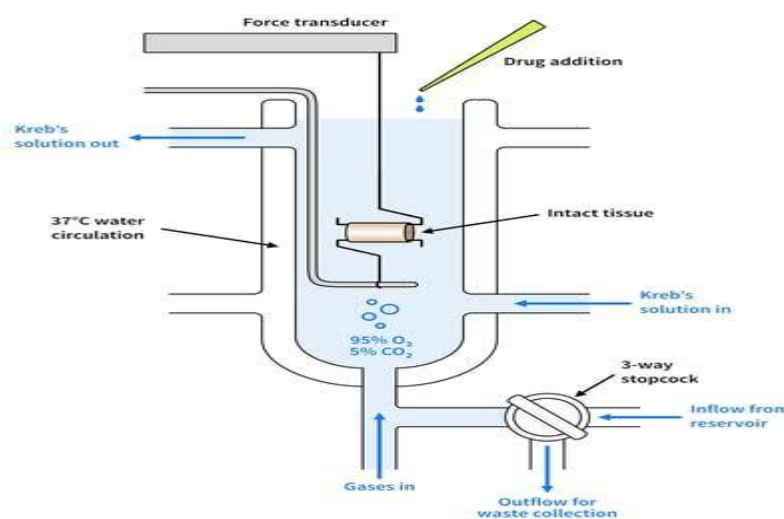


Figure 5: Biological Evaluation

In Process Quality Evaluation and Quality Assurance

The actual, required-quality, and contamination-free raw materials are used to create medications. The production procedure adheres to the specifications and maintains the required level of purity. Sufficient quality control measures are employed, and the pharmaceuticals manufactured in factories and made accessible for purchase are of a sufficient caliber. To achieve the following objectives, each licensee must create manufacturing procedures and processes for medications that should be continuously documented as a handbook for access and review.

Plant premises

The industrial facility needs enough room for
 Receiving and storage raw material
 Industrial zones
 Internal control module and testing resources available on sites
 The finished goods shop office
 Brought a bad store

General Requirements

Far from open decaying pollution, drains, and factories that emit unpleasant odors, gasses, filth, or smoke.

Buildings

Clean, free of insects, rodents, and cobwebs, and designed to avoid cross-contamination

Water source

Pure and appropriate water quality. There are appropriate laundry facilities on site.

Getting rid of waste

Follow the predisposal treatment instructions and pollution control advice.

Staff, hygiene, clothing, sanitation and health

An infectious disease-free atmosphere for employees.

Uniform

Suitable for the temperature and type of work, with adequate head, foot, and hand protection. Hand, foot, and head coverings.^[9]

WHO guidelines for GMP

The term "good manufacturing practice" (GMP) refers to standards and regulations that make sure the effectiveness, efficacy and purity of drugs, including herbal therapies. GMP guidelines provide a framework for pharmaceutical manufacture, assessment, and quality control ensuring the authenticity of both the process and the final product.

The European Commission provides a manual on GMP for medicinal products to the EU.

The ICH Q7 guidelines outline Good Manufacturing Practices for the active component's pharmaceuticals.

The Good Manufacturing Practices regulations can be found in schedule M of the 1945 Drugs and Cosmetics Act and Rules of India.

US follows current GMP regulations for completed pharmaceuticals.^[10]

Here are some crucial factors to consider while applying GMP in herbal medication manufacture.

Record-keeping and documentation

Keep records of all stages of the production process, from buying raw materials to processing and quality control. You should keep records of the outcome of testing and batch manufacturing. On every large occasion, written instructions covering all phases of production, storage, and heavy lifting must be available and current. All the active pharmaceutical ingredients selected must be appropriate. Moreover, methods of manufacture and high-grade manipulation approaches must be specified. Writing for both starting materials as well as packaging must also be done along with specifying nice and quantity. The grip formula must be configured for known batch sizes whenever possible.^[11]

Facility and equipment

Production equipment needs to be built, developed, maintained, and placed in a way that accomplishes the following goals:

It needs to be appropriate for the use for which it is intended.

It should simplify thorough cleaning.

It should reduce the likelihood of product and container contamination during the manufacturing process.

It should enable dependable, efficient, and, if needed, validated operation.

The manufacturing facility shall be designed, constructed, and managed to minimize contamination and allow easy cleaning. The manufacturing equipment shall be serviced and calibrated periodically. There shall be written requirements for the use, maintenance, and cleaning of equipment which are applied to production and checkout equipment. It shall be sterilized when appropriate. Before producing more products, the multifunctional equipment shall be thoroughly cleaned and inspected for cleanliness.^[12]

Raw material control

Implementation of qualification and testing procedure for raw materials: These ingredients must be procured from known, genuine suppliers who ensure high quality raw material. Monitoring the procurement of raw materials to ensure procurement in adequate quantity and at right time.

Process Validation

Validation of production methodologies plays a very significant role in the manufacture of high-quality and useful herbal medicines. Implemented processes should be based on set and followed protocols that ensure the reliability and constancy of the process.

Quality control

It is very essential to establish quality control systems that assure the identification, purity, and potency of herbal substances. In this way, consistency and integrity with respect to the production process can be ensured by obtaining safe and effective herbals for the consumers. Testing should be done on raw materials as well as completed goods. [13]

Personal training

They should be trained to follow the principles of GMP as well as skilled. Personal hygiene and cleanliness norms should also be set. Organizations should have trained people with appropriate skills and capacities for the manufacture and supervision of quality control of active pharmaceutical ingredients. The project at hand must have an appropriate number of team members and appropriate training, technical expertise, and practical experiences. A chart showing the firm's described structure needs to be generated. Precise tasks must be stated in writing to remove ambiguities and overlaps. Such heavy responsibilities should not be bestowed on one person so that the person does not risk his or her safety. All segments of the workforce should be provided with proper education so that they can carry out their mandated jobs and responsibilities.

Packaging and labelling

Packaging and labelling are part of the crucial steps in manufacturing goods. Packaging refers to how products should be safeguarded, contained, and transported. It includes choosing the right packaging materials, designing package forms, and ensuring that the packaging can withstand different handling situations. Labelling, on the other hand, is the process of designing and attaching labels on packed goods. This is due to the fact that information about contents, instruction for use and all warnings or precautions which should be adopted is displayed. Labelling helps in identifying and differentiating the products from others within the marketplace. Within the selection of packing materials for in motion pharmaceutical components, proper care has to be taken.

Stability testing

Stability testing refers to the ability of testing the shelf life and the potential capability of a product of keeping the same physical and chemical nature for an extended period. It means that a product is exposed to varied influences such as temperature, moisture, light, and vibration in an effort to assess whether it is stable, or if there is a change occurring within it. The results of testing for stability can be applied to identify optimum conditions for storage and the expiry time of day of the final goods with the assurance that the caliber and security for consumption of the item are not adversely affected. Develop storage conditions that will ensure the stability of the herbal drugs. The compounds must not adversely affect the material used and must provide adequate protection against external influences and capacity contamination. There is a need for adequately documented specs.

Complaints and recalls

This term describes the circumstances when a buyer complains about the faultiness of a product or an issue with it, and the company, on their part, takes measures to rectify the problem. This can include recalling all the products involved in the incident or simply informing the consumers about the fault. Any business organization needs to take immediate action on consumer complaints or inconveniences so that the trust and safety can be regained in the process. Establish rules for dealing with complaints from the consumers and, in the event of a product recall being required, formulate a procedure for that as well. Follow up all defaults of procedures stated above and act accordingly.

Inspections and audit

In total, these inspections and audits result in making quality, safety, and conformity to norms and legislation satisfactory in the operations of an organization related to its products or services. Compliance inspections are carried out by independent third parties in order to ensure that organizations have followed norms and legislation. Regular audits and inspections are undertaken to analyze whether the manufacturing plant is in accordance with the GMP rules. Address all the concerns identified during the course of inspections and audits.

It should be noted that GMP requirements differ from country to country and can include some country-specific rules for producing herbal pharmaceuticals, which might have their European Medicines Agency's guidelines or FDA of US. In this regard, herbal pharmaceutical manufacturers should know the specific requirements for their country and work to meet them.

WHO Guidelines for GLP

Good Laboratory Practice (GLP) is defined as 'good laboratory practice', which is a set of norms and guidelines designed to guarantee the quality of non clinical research, such as the research on herbal medicines and other types as well. Good Laboratory Practice (GLP) system enables standardization of methods, data obtained, and reporting for regulatory purposes. In these respects, we would make a few important general recommendations on how GLP could be applied in the research of herbal drugs.

Operating Standards

Operating Standards for short refer to a set of printed instructions that usually detail how to properly and effectively carry out a specific task or operation. It is important that the working environment be productive, secure, and uniform. The term "raw data" encompasses the workbooks, notes, memos, notes or faithful reproductions of these that form the direct outcome of initial observations and operations of an investigation as well as those that are indispensable for full reconstruction and the review of study results within the principles and guidelines of GLP of EPA. The lab facilities, personnel, and equipment shall be appropriate for the proposed investigation. Standard Operating Procedures (SOPs) thus relieve the burden of recalling complex knowledge, which is difficult to remember.

Equipment

Equipment with adding certified electronic mechanisms employed in the creation, processing, and data retrieval, as well as the management of environmental factors pertinent to the research, must be appropriately placed, of the appropriate type, and have adequate capacity. It shall be necessary for the maintenance of logs of equipment to record name of the equipment, manufacturer, pattern or kind for identification, model number, and date of arrival in the lab. Furthermore, an operating procedure of the operation manual supplied by the manufacturer. Instrument calibration is a very important task of any analytical laboratory. As per the standard working procedures, all the equipment should be checked, cleaned, serviced, and calibrated time to time for research work. It is utmost important to keep record of these activities. Calibration should be compatible with regional, global, or national measuring standards.

Laboratory Administration

"Test facility" belongs to the employees there or who are in charge of implementing these investigations, as well as the buildings, rooms, and other properties. It might allude to multiple "test sites," at one or more sites, where distinct stages or elements of one event, or full studies, are done (Seiler, 2005). "Test facility" referring to the persons, locations, and equipment needed to conduct the non-medical environmental and health safety examination. ^[14]

Keeping Documents and Materials Stored

Material and documents ought to be ready before being stored or retained. The research plan, first samples of information, samples of items for testing and reference, and surplus material should be kept on files for the time span set by the appropriate administrators. Every research study ends with the final report which comprises master schedules, documentation and summaries of equipment maintenance and modification, documentation of staff qualifications, training and job descriptions, and documentation of validation for computerized assemblies. It also comprises every documentation from evaluations of Quality Assurance Programs.

Even if no term extension is required, any study materials should be assembled to their final state by document.

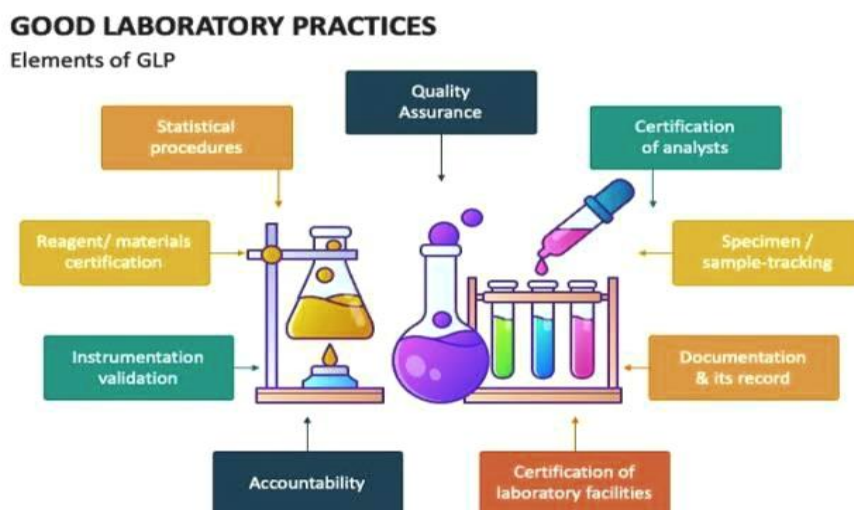


Figure 6: Elements of Good Laboratory Practices

Reporting of Study Results

Clear reportage of the results of a study is very important for it to be transparent and valid. Thus, there should be a precise report of the results of the study and any form of restriction or bias can never be missing for the report to be authentic. There ought to be enough detail so that the research can, in fact be repeated by other researchers if necessary. Most importantly, proper reporting may make it even easier to apply the findings from the studies into clinical practice, policy development, and future research.

Quality Evaluation of the Finished Product

Plants occur to be a natural source of phytochemical. Phytochemicals in plants are quite famous substances as they provide numerous health benefits to human beings. These substances seem to work effectively against all such diseases that arise due to respiratory conditions, arthritis, and cancer. For the testing of phytopharmaceutical products, there are multiple procedures followed and used for checking the phytochemicals, which is available inside the finished products.

These techniques of chromatography Plant fractions can be separated and purified by high-pressure liquid chromatography, thin layer chromatography, paper chromatography or any combination of the above. The choice of technique is largely a function of the solubility properties and volatilities of the chemicals to be separated.

Chromatography using gas

GC is commonly used chromatographic methods to distinguish and isolate in analytical chemistry examine components which vaporize lacking decomposing. Gas Chromatography extremely frequently applied for determine a product's purity or even to separate the constituent parts of a combination. Pure substances can be separated from mixtures with the help of preparative chromatography using GC. Gas chromatography has also been known by other names such as VPC and sometimes GLPC. Journals frequently employ the synonyms and the acronyms.

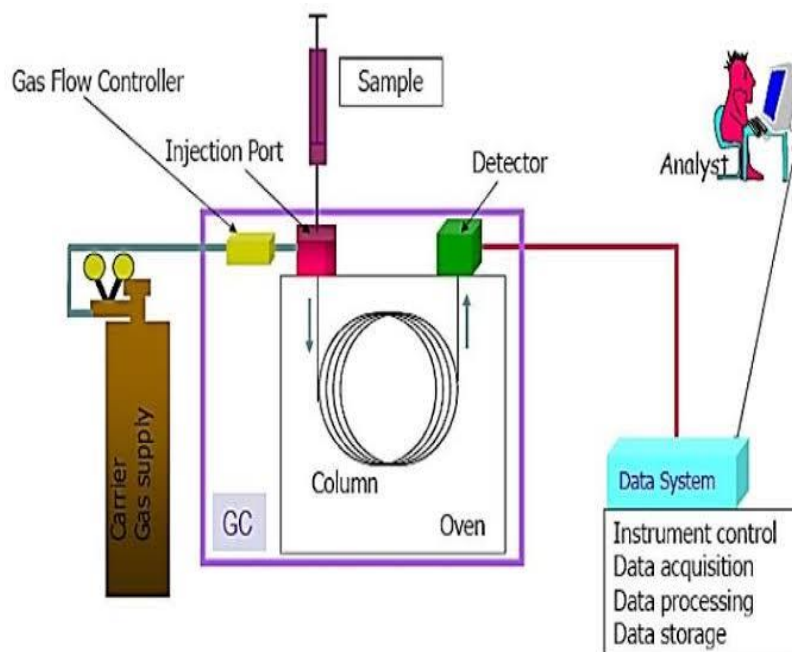


Figure 7: Gas Chromatography

A column, essentially a thin tube, in a gas chromatograph carries the vaporized sample through a steady gas flow that is nonreactive or inert gas. Speed at which specimen components travel by means of the column determined by their characteristics, both chemical and physical, and the way in which constituents move over the stationary stage known as column lining. Typically, the column is located in an oven that controls temperature. The substances are electrically detected and identified as soon as they leave the end of the column.

GC is one of the widely applied methods in forensic science. GC has been used in identifying and estimating various biological specimens and pieces of evidence from crime scenes in a wide variety of disciplines, such as paint chip analysis, toxicological cases, arson investigations, identification and estimation of solid drug dose (pre-consumption form), among others. Experts in gas chromatography (GC) examine the makeup of a chemical product to guarantee quality products from the industry of chemicals or to quantify substance in water, air or soil, including gasses in the soil. When properly done, PPBs can be measured by GC concentration in vapours specimens or picomoles of substance in a liquid sample of 1 milliliter.^[15]

Chromatography Using Thin Layer

TLC was the most commonly used and flexible approach for the analysis of herbs before the discovery of instrumental chromatography techniques like GC and HPLC. TLC is often employed as a simple first approach for screening herbal remedies in combination with other chromatographic techniques because it produces fewer variable results than instrumental chromatography.

Thin Layer Chromatography

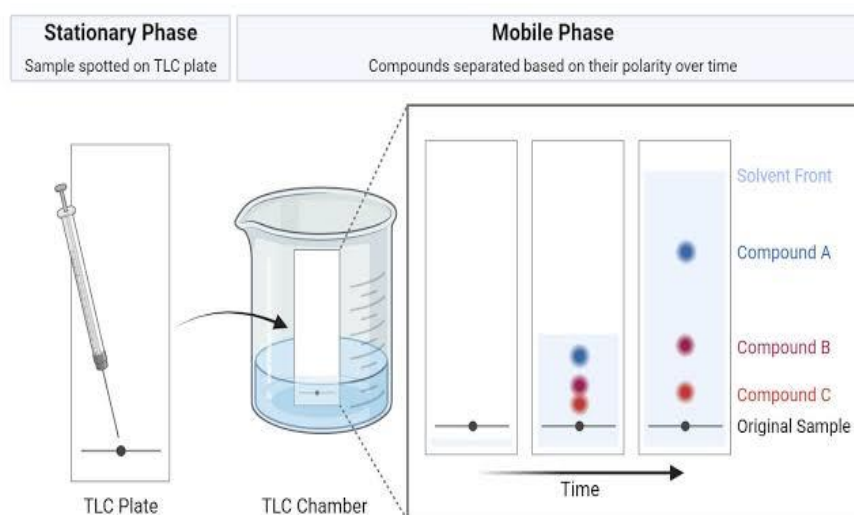


Figure 8: Thin Layer Chromatography

Furthermore, a semi-quantitative analysis is carried out. Adsorption means the principle used in the thin-layer chromatography where the separation of a solute happens between a fixed phase and a liquid mobile stage. Adsorbent known as common name for a dry, finely powdered coat applied in a relatively thin, uniform layer to a plate or sheet of glass, plastic or metal. The highest common type of plate is glass. Depending on the kind of assistance, how it is prepared, and how it is used with different solvents, partitioning or combining partition and adsorption can also be used to effect separation.^[16]

High Performance Liquid Chromatography

HPLC is a method of analysis that identifies, measures, and separates components in a mixture. Its mechanism utilizes a liquid mobile phase in addition to a stationary solid phase with different chemicals and physical properties. HPLC is used widely in analytical chemistry and biology to investigate mixtures that are complex in nature. The mixes can have a different source, such as dissolved liquids from food, chemicals, pharmaceuticals, biological and environmental, or agricultural origins.

As the constituent parts of the sample elute from the adsorbent column and into a particular detector, they interact with this substance differently than they did in the sample. This causes each component to move through the system at different rates and to separate. The detector produces a graph known as a chromatogram as its output. Signals are shown graphically in chromatograms strength over duration or capacity. They show summits or portions of the extracts at different times, known as retention times, having area equivalent to the amount of each component. Derived

from thin layered natural action, thin layered natural action with high performance is a replacement.

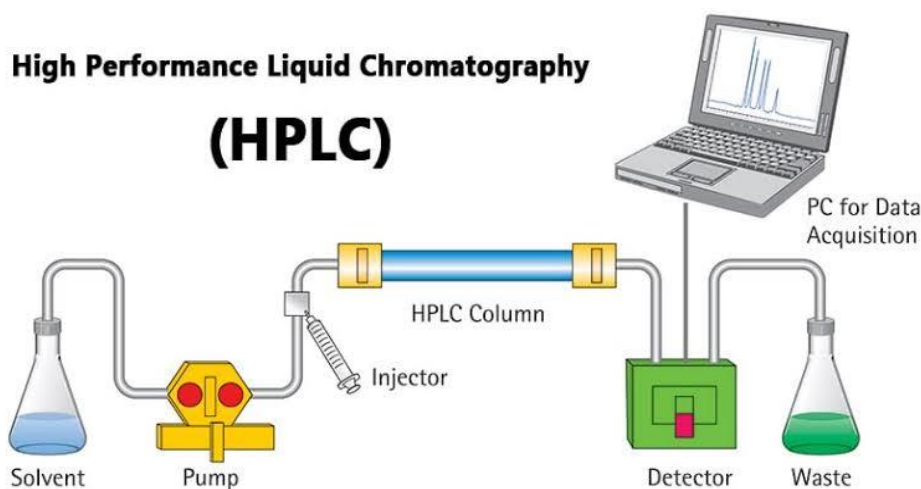


Figure 9: High Performance Liquid Chromatography

High-Performance Thin-Layer Natural Action: This natural action tool accomplishes sample component separation on a very high level using an advanced workstation for detection and acquisition. The performance of these high-performing layers is characterized by a pre-coated layer thickness of 150-200 microns, with a particle size of 5-7 microns. The magnitude of increase in the effectiveness of the plate results from the combination of the type of separation and the consequent decrease in particle size when combined with the thickness of the layer. HPTLC may be used in micro preparative, quantitative, and qualitative chromatography.

HPLC is frequently employed in the production such as pharmaceutical and biological products manufactured on both legitimate (such as identify substances in urine that could be enhancing performance), scientific (for example separate similar synthetic compounds or the constituents of a complex biological sample), and medicinal (for example measure vitamin D levels in blood serum) grounds. Comparable assays may be employed during experiments to determine the concentration of potential drugs, such as antifungal and drugs taken as assistants for asthma. The procedure enables the study of different species in terms of samples; nonetheless, standard solutions are to be used if a species is to be identified. Purification is regarded as one technique for ensuring that the outcome of the synthesis reaction is valid because it is crucial to purify while carrying out such work. Nevertheless, currently mass spectrometry is the much most dependable method for various identification. ^[17]

Module 3: Chromatography's Use in the Calibre Assessment of Plant Based Medicines Moreover Their Combinations

HPLC investigation and research analysis on Herbal Remedies

Case Study of Neem

The case of the neem tree describes a legal dispute that occurred in the early 1990s following the patenting of the neem tree and its therapeutic uses by firms operating in the US. The case is highly known to depict the nature of biopiracy-that is, patenting traditional knowledge for profit. Here are a few information concerning the case.

A neem fungicide by a US company based on seeds of the neem tree has been protested by Indian activist Dr Shiva, the Green Party in the European Parliament, and the International Federation of Organic Agriculture Movement. EPO finally revoked the patent in 2000, but the revisionists have

appealed against the decision. The appeal was dismissed by the EPO in 2005, arguing that neem oil had traditionally been a fungicide used by farmers.

It is a case showing how patents affect the country that provides its resources. The company that had the patent bought neem seeds in all its forms, and it denies neem seed access to local farmers. According to the belief in Indian mythology, the neem tree is considered to have originally come from heaven. The extract of the leaf from the neem tree has various uses, for example, it reduces plaque on the teeth, treats lice, and inhibits bacteria.

Physical and Chemical Evaluation of Neem Oil Cream by HPLC Method

Name: Neem

Synonym: Azadirachta Indica

Family: Meliaceae

Parts of plant used: Seeds

Method

The cream product was stored at room temperature under normal conditions (65% RH \pm 5% RH/25 \pm 2°C) and under specific conditions (40°C \pm 2°C/75% RH \pm 5% RH) in three months to verify the creams physical stability. The method of HPLC utilized prior to determining the amount of acetonitrile: water [30:70] as the mobile phase; 10 min isocratic elution with a flow rate of 1.0 ml/min and volume injection of 20 μ L was initially confirmed. Azadirachtin in neem oil cream, Dionex with UV detection at 219 nm; Shodex (C-18) HPLC packed column (4.6 mm ID x 250 mmL). This acceptable approach utilized during the assessment of the ninety-day azadirachtins chemical stability in cream.

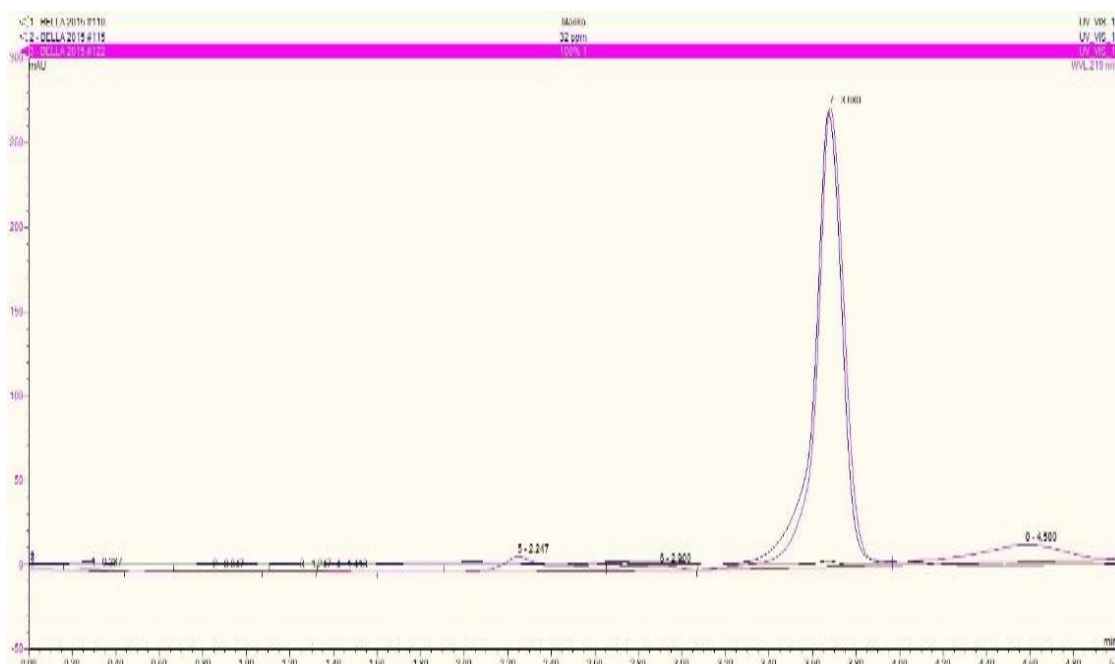


Figure 10: Chemical Evaluation of Neem -Oil Cream by HPLC Method

Result

The cream of neem oil was physiologically steady. Based on the validation criteria, the HPLC technique for azadirachtin was applicable regarding the evaluation of azadirachtin's chemical stability in neem oil cream. Cream with neem oil remained steady for four days at 25 degree celsius and one day at 40 degree celsius.

In summary

The neem oil cream remained physically or chemically stable for four days at 25°C and one day at 40°C. [18]

Chrysanthemum paniculatum

Chrysanthemum paniculatum Nees, of the family Acanthaceae, is an officially recognized medicinal herb. It is commonly known as kalmegh. The drug is of great importance in traditional medicine 1, 2. Energy components can be assayed through various techniques such as colorimetric, titrimetric, gravimetric, spectrometric, or chromatographic methods. The advanced techniques include HPLC and HPTLC analysis. High resolution overall effectiveness, thin Layer chromatography is one of the most advanced technologies accessible today and it may be used on a variety of packages. It's an easy tool and effective for high-resolution chromatography and allows quantitative analysis. It is most commonly used for quick and easy commitment to quality authenticity purity in raw capsules and commercial formulae.

Formulation and Evaluation of Herbal Preparations

Syrup

Syrups include sugar in water. Syrups are semisolid, concentrated solution of sucrose and other sugars, intended for oral use. Medicinal and non medicinal.

Types of Syrups: Simple syrup, medicated syrup, flavoured syrup.



Figure 11: Herbal Syrup

Formulation

Simple syrup

Sr. No.	Ingredients	Quantity
1.	Sucrose	13.34 g
2.	Purified water	Q.S

Table 2: Formulation Table for Simple Syrup

Orange syrup

Sr. No.	Ingredients	Quantity
1.	Tincture of orange	1.2 ml
2.	Simple syrup	Q.S

Table 3: Formulation Table for Orange Syrup

Procedure

Preparation of simple syrup

A 100 ml beaker was taken, weighed and weight was noted.

Half of the quantity of Purified water was placed into beaker.

Weighed sucrose was added into beaker and heated on water bath for dissolution with continuous stirring.

After cooling, purified water was added to achieve a 100 ml volume.

Simple syrup was prepared.

Preparation of orange syrup

The measured quantity of orange tincture was mixed with 3/4th quantity of simple syrup.

The volume was then making with remaining syrup.

Evaluation of Herbal Syrup

Physical parameters

We evaluate color and odor of syrup.

Determination of pH

Measure the pH of the 10% solution of syrup with the help of digital pH meter. ^[19]

Concoction (Leha/ Avaleha)

These semi-solid formulations are made by heating the medication or extract in powder form with a sugar or jaggery solution.

Preparation method

Liquids used to dissolve sugar and jaggery, cooked, and also filtrated.

Continuously swirl crushed medication or insight with other components to create a uniform semi-solid mass.

Add ghee or oil as needed during the cooking process.

Calibration criteria for Leha and Avaleha:

It should neither harden nor liquefy.

Fungus should not grow beyond it. It ought not to affect their color, odor, or essence.

They are useful for until a yearly if stored appropriately.

For example

Vasavaleha and Draksavaleha

Calcined powder (Bhasma)

They represent the drug structure in powder form that is made by a technique called calcination, which involves heating the solids in the air to modify their original shape in sealed crucibles or inside in excrement from cows.

Preparing methods

It goes through 2 steps of preparation, which are,

Detoxification (Sodhana)

It is a method of boiling and submerging minerals and metals in a particular liquid to purify them. To eliminate its toxicity, this is done.

Incineration (Marana)

This is the second phase of preparation of bhasmas, where pure medications acquired from the sodhana are crushed and combined with extracts or herbs according to stated. Following forming the ground mixture into small cakes, drying under the sun, and keeping dried cakes in earthen vessels smeared with clay, a cloth, and sealed; these vessels were housed in a hole filled with cow dung, with a fire lit in all sides. The contents are cooled for a prescribed duration. After this period, they are eliminated, pulverized it in smooth mixture thereafter placed in storage.

Calibration criteria regarding Bhasmas

Bhasmas are powders that are black, white, or grey with yellowish cast in color.

They shouldn't undergo color changes while being stored.

They shouldn't lose their potency and are very stable over extended period of times.

For example

Shankha bhasma and Suvarna bhasma.^[20]

CONCLUSION

Plant material plays a pivotal role within the global pharmaceutical industry, being therapeutically used as drugs in pharmacies and folk remedies in household applications and also as raw materials for manufacturing in both economically developed and underdeveloped countries. The thrust, therefore, shall be on the potency and safety of medicinal herbs. Success among Indian herbal medicines industry shall depend on coordination among drug regulators, scientists, and the industry. There is a need to conduct more research about these herbal remedies to have full comprehension of their safety and efficacy. Quality measurement criteria are important in making the right comparison. There is still much untapped potential in traditional medicine, and it has to be used in giving proper treatment. Research about medicinal plants requires clear definitions, classification of active components, and preclinical testing of pharmacology and toxicity. Clinical studies have proved that it is effective. Proper dosage and adverse effects should be considered by conducting a drug review. It means herbs. Modern medicine needs randomized controlled trials.

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